Care for Families Improves Outcomes:
The Importance of Dyadic Services

April 27, 2022
Housekeeping

- Links to materials in chat.

- Questions can be posted at any time in the Q&A.

- Materials will be posted on the SCAA website by the end of the day on Thursday.
Speakers

- **Laura Shipley, MD**, Professor of Clinical Pediatrics and Vice Chair for Population and Behavioral Health, University of Rochester Medical Center

- **Elizabeth Foley**, Parent Advocate, HealthySteps

- **Kenya Malcolm, PhD**, IECMH-E®, Clinical Psychologist, Associate Professor, Director, Infant & Early Childhood Initiatives UR Medicine, Department of Psychiatry, Golisano Children's Hospital Pediatric Practice Integrated Behavioral Health, HealthySteps

- **Donna Bradbury**, Associate Commissioner, Office of Prevention and Health Initiatives, NYS Office of Mental Health
Dyadic Services

Supports children and parents/caregivers at the same time.

Strengthens this foundational relationship.
Dyadic Services: Pediatric Primary Care

- Caregiver mental health/pregnancy-related mood issues.
- Family circumstances (i.e., intimate partner violence).
- Typical developmental and social-emotional issues.
- Behavior problems/appropriate disciplinary strategies.
- Developmental delay.
- Connection to community resources.
Positive Evaluation

- **Children**
  - More likely to be current on vaccinations.
  - More likely to undergo timely developmental assessment.

- **Mothers**
  - Reported feeling better supported to breastfeed.
  - More likely to receive a nonmedical referral, including for depression.
  - More likely to read picture books to their child daily.

- **Families more likely informed about community resources.**
Dyadic Services in New York

- HealthySteps (ZERO TO THREE)
  - 60 primary care practices
  - Foundation and government grants

- 3-2-1 IMPACT
  - NYS Health+Hospitals
  - Woman’s health, behavioral health, pediatrics
  - Universally available to families in the practices
Funding

- NY Medicaid requires diagnosis before mental health billing. Unable to bill for prevention.

- Allow billing for licensed behavioral health providers in preventive well-child visits.

- Remove behavioral health diagnosis requirements.
Summary

- Dyadic services have a positive impact on children and whole families.

- Expanding access through sustainable funding.
  - Can improve child health and development.
  - Prepare families to respond to stress and adversity.

Photo courtesy of ZERO TO THREE
Thank you

- Recording and slides will be sent in an email and will be on our website: scaany.org

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