

Home Visiting Programs in New York State

Program	Program Description	Program Goals	Target Population	Service Delivery
Healthy Families New York (HFNY)	Home-based services to expectant families and new parents. Trained home visitors provide support, child development & parenting information to reduce family stress. Participants screened to identify risk factors & stressors.	Identify overburdened families needing support. Promote positive parent-child interaction. Ensure optimal prenatal care. Promote healthy childhood growth & development. Enhance family functioning. Prevent abuse & neglect. Promote parental self-sufficiency.	Enrolls expectant parents and parents with an infant less than 3 months old; serves until age 5.	By specially-trained family support professionals.
Nurse-Family Partnership (NFP)	Intensive home visiting provided by nurse home visitor. Visits focus on: personal & environmental health, quality of care-giving for the child, maternal life course development, and health & human service utilization.	Help women improve pregnancy outcomes. Help parents improve child's health & development. Help parents become economically self-sufficient.	Enrolls low-income, first-time mothers in pregnancy (first two trimesters) and serves until child turns 2.	By nurses.
The Parent-Child Home Program (PCHP)	Service consists of home visits two times a week for two years, and includes: <ul style="list-style-type: none"> • Demonstrating parenting techniques • Emphasizing verbal interaction • Learning through play 	Preparing children challenged by poverty for success in school. Stimulating parent-child verbal interaction. Enabling children to gain critical language and literacy skills.	Two-year program serves families with 2- and 3-year-olds (can enter as young as 16 months and stay until age 4).	By specially-trained paraprofessionals.
Parents as Teachers (PAT)	Home visiting service using Parents as Teachers curriculum: <ul style="list-style-type: none"> • Group meetings • Health & development screenings • Referral to necessary services Operates as a stand-alone program or blended with EHS or HFNY.	Increase parents' knowledge of early childhood development & improve parenting practices. Provide early detection of developmental delays & health issues. Prevent child abuse & neglect. Increase children's school readiness & success.	Serves families from pregnancy to kindergarten entry.	By trained professionals and parent educators.
Early Head Start (EHS)	Home-based, center-based or mixed models.	Promote healthy prenatal outcomes for pregnant women. Enhance the development of very young children. Promote healthy family functioning.	Serves families from pregnancy until child turns 3.	By trained professionals.